

# Training of trainers in the Youth Assembly



## Africa: KENYA

### Objectives:

An elevated democratic practice amongst the youth in Kenya.

the participants were handpicked made them feel important and valued already from onset.

### Expected results:

- Increased knowledge in the practice of democracy and gender equity.
- Implementation of the practice of democracy and gender equity by young people in the YA structures and establishment of these structures.

### Partners:

- Christian Democratic International Center (KIC), Sweden



### Activities:

The ToT program developed coordinators into facilitators that could manage youth assemblies at the constituency level. Four workshops brought 220 young people together. The main topics were gender, HIV/Aids, democracy and essential skills (facilitation, mobilisation, leadership and communication). Conflict management was added as a result of the post-election violence.

- Youth Assembly, Kenya



### Context:

The Youth Assembly (YA) was launched in Kenya in 2002 as a platform and forum for young leaders to contribute towards establishing and initiating a framework that would ensure succession in the leadership of the country.

representative assembly covering the entire country;  
**2.** To seek to promote a dialogue and debate amongst young people as a means to contributing towards democratisation of the socio-political processes.

### The mission statement of YA is:

1. To target young men and women aged between 18 and 35 years to form a repre-

**The overall goal** of the Youth Assembly is to promote youth participation in democratic processes and thereby empowering young people.

### Target group:

Participants are young women and men (18-35 yrs) who were chosen from participating in previous YA activities. An external evaluation shows that the fact that

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